



Hastings 435955

Bexhill 214080

[www.italianway.co.uk](http://www.italianway.co.uk)

# The Italian Way

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## PRE-ANTIPASTI

<b>Garlic Bread</b> - ciabatta bread with garlic butter .....	2.50
<b>Garlic Bread with Mozzarella</b> - topped with mozzarella cheese .....	2.80
<b>Pizza Pomodoro</b> - topped with tomato, garlic & oregano .....	3.20
<b>Ciabatta Bread, Olive Oil &amp; Balsamic</b> - freshly baked bread with an olive & pesto oil dip .....	3.00
<b>Olive Marinate</b> - marinated olives .....	2.50
<b>Dough Balls</b> - baked & served with garlic butter .....	2.55

## ANTIPASTI

<b>Calamari Fritti</b> - fried squid with lemon mayonnaise, garnished with lemon .....	5.50
<b>Gamberoni</b> - sautéed king prawns with garlic sauce .....	5.90
<b>Salmon &amp; Prawn Cocktail</b> - succulent peeled prawns mixed with smoked salmon dressed in a marie-rose sauce, on a bed of fresh salad leaves.....	4.95
<b>Bruschetta</b> - ciabatta bread topped with tomatoes, garlic, basil & olive oil .....	3.95
<b>Funghi della Casa</b> - mushrooms baked in a tomato & garlic sauce with a mozzarella topping .....	4.25
<b>Mozzarella in Carozza</b> - deep fried mozzarella in marinated bread .....	4.95
<b>Minestrone</b> - a rich, filling traditional Italian vegetable soup .....	3.50
<b>Caprese</b> - fresh mozzarella & tomato stack dressed with basil & olive oil .....	4.95
<b>Arancini</b> - risotto rolled around mozzarella cheese. Dusted in breadcrumbs & served with a Bolognese and cream sauce .....	4.95
<b>Filoncino</b> - rolled pizza with tomato, mozzarella & salami, served with spicy tomato salsa .....	5.10

## PASTA

<b>Spaghetti alla Bolognese</b> - minced beef & garlic traditionally cooked with tomatoes .....	7.10
<b>Spaghetti Carbonara</b> - bacon in a fresh cream, egg & parmesan sauce .....	7.25
<b>Tagliatelle Pasticcio</b> - with mushrooms, ham, Bolognese sauce, fresh cream & white wine .....	7.25
<b>Spaghetti Amatriciana</b> - cooked in a spicy tomato sauce with bacon & red wine.....	7.25
<b>Lasagne al Forno</b> .....	7.75
<b>Cannelloni Sorrento</b> - crêpes filled with spinach, minced beef, tomato sauce & wine.....	7.75
<b>Spaghetti con Polpette</b> - traditional meatballs in a tomato & garlic sauce .....	8.50
<b>Penne Ortolana</b> - artichokes, peppers & pine nuts in a mushroom, spicy tomato & pesto sauce .....	8.50
<b>Tagliatelle al Salmone</b> - smoked salmon & mushrooms in a cream, tomato & brandy sauce .....	8.95
<b>Spaghetti allo Scoglio</b> - king prawns in their shells, mussels & seafood tossed in olive oil, garlic & tomato sauce .....	10.95
<b>Pasta Al Forno</b> - baked with chicken in a cream, mushroom & tomato sauce topped with mozzarella .....	9.95
<b>Tagliatelle del Mare</b> - shelled prawns with fresh tomatoes, garlic & rocket .....	10.95
<b>Spaghetti alla Puttanesca</b> - capers, olives & anchovies in a rich tomato sauce .....	7.95
Add chicken .....	9.95
<b>Penne Primavera</b> - tomato, mushrooms, red peppers, spinach, onions & a touch of cream.....	7.25

Due to the presence of nuts in some of our dishes, there is a possibility that nut traces may be found in any of our menu dishes

## CARNE E PESCE

<b>Pollo Gorgonzola</b> - chicken breast cooked with a rich gorgonzola sauce, served with roasted new potatoes ....	10.95
<b>Pollo Rosa</b> - chicken breast cooked in fresh cream, tomato & mushroom sauce, served with roasted new potatoes .....	10.95
<b>Maiale Milanese</b> - breaded pork loin, pan-fried & served with spaghetti in Napoli sauce .....	9.95
<b>Maiale alla Romana</b> - pork loin escallops, sautéed with a sage & tomato sauce, topped with mozzaella & Parma ham, served with roasted new potatoes .....	9.95
<b>Spigola Mediterranea</b> - sea bass fillet oven baked, dressed with a fresh tomato & caper salsa, served with new potatoes .....	12.95
<b>Bistecca alla Griglia</b> - grilled 10oz rib-eye steak with fries .....	12.95

Add a sauce for £1.00 - Choose from: Al pepe; Funghi; Pizzaiola

**Children's  
colour-in  
set menu  
available**

### CONTORNI *side dishes*

<b>Pane</b> - warm freshly baked ciabatta bread .....	1.60
<b>Funghi Trifolati</b> - mushrooms tossed in butter with garlic .....	3.25
<b>Patate Saltate</b> - sautéed new potatoes.....	2.95
<b>Insalata Mista</b> - mixed side salad .....	2.95
<b>Patatine Fritte</b> - fries .....	2.50
<b>Chick Peas</b> - slowly cooked with balsamic .....	2.50
<b>Green Beans</b> - sautéed in tomato sauce .....	2.50
<b>Ruccola Salad</b> - rocket, parmesan & red onion salad .....	3.25

### INSALATA *served with the house dressing*

<b>Pollo Colosseo</b> - chicken breast, bacon, rocket & olives tossed with crunchy cucumber & carrots in a parmesan & mayonnaise dressing on a bed of fresh mixed leaves .....	8.50
<b>Hot Smoked Salmon</b> - flakes of locally hot-smoked salmon with mixed leaves & new potatoes tossed in an olive oil & balsamic dressing (served cold) .....	8.50
<b>Tre Formaggi</b> - goat's cheese, fresh mozzarella & parmesan, rocket, olives & red peppers tossed in our olive oil & balsamic dressing, served on mixed leaves .....	8.25

## PIZZA

<b>Margherita</b> - mozzarella & tomato .....	5.95
<b>Cacciatora</b> - salami, mozzarella & tomato.....	6.85
<b>Capricciosa</b> - ham, mushrooms, mozzarella & tomato.....	6.85
<b>Funghi</b> - mushrooms, mozzarella & tomato .....	6.20
<b>Torrese</b> - goat's cheese, red peppers, onion, baby spinach, mozzarella & tomato .....	7.95
<b>Ananas</b> - ham, pineapple, mozzarella & tomato .....	7.75
<b>Quattro Stagioni</b> - salami, mushrooms, peppers, ham, mozzarella & tomato .....	7.95
<b>Borrello</b> - cajun spiced chicken, red peppers, onion, garlic, mozzarella & tomato.....	8.25
<b>Soriano</b> - spicy amatriciana sauce base with chicken, meatballs, ham, mozzarella & tomato .....	8.50
<b>Fiorentina</b> - spinach, egg, black olives, parmesan, garlic, mozzarella & tomato .....	7.95
<b>Taranto</b> - parma ham, fresh tomato, garlic, rosemary, mixed salad leaves, rocket & parmesan.....	8.95
<b>Calzone Rustica</b> - folded pizza with ham, mushrooms, mozzarella & tomato .....	8.50
<b>Calzone Sarda</b> - folded pizza with chicken, spinach & red pepper .....	9.10

Extras:

Goat's cheese, Parma ham, prawns, smoked salmon .....	each £1.50
All other ingredients .....	each £1.00

## WINE LIST

175ml

1/2L

1L

Vino BIANCO Della Casa - fresh & dry WHITE Italian with a delicate bouquet & flavour	3.50	7.95	14.55
Vino ROSSO Della Casa - medium bodied dry & soft cherry RED wine, wood-aged giving a good balance & aroma	3.50	7.95	14.55

## WHITE

	Glass 175ml	Bottle 750ml
<b>Trebbiano</b> - fresh & dry white Italian with a delicate bouquet & flavour	3.60	11.95
<b>Frascati</b> - a light golden easy-drinking wine with a smooth fruity & nutty taste	-	12.95
<b>Pinot Grigio</b> - gently dry with a fresh & delicate bouquet	3.75	14.95
<b>Chardonnay</b> - dry with pale yellow colour tones. Good balance of fruit & acidity with a pleasant lingering aroma & aftertaste	-	13.95
<b>Soave Classico</b> - perfectly balanced fruit & acidity, golden in colour,	-	11.95
<b>Sauvignon Blanc</b> - herbal & smoky flavour, typically fresh & semi dry	-	14.95

## ROSÉ

<b>Pinot Grigio Rosé IGT</b> - in the distinctive Pinot style, a full-flavoured dry rosé with a smooth texture & delicate fragrance	3.75	14.95
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## RED

<b>Montepulciano D'Abruzzo DOC</b> - medium bodied dry & soft cherry-red wine, wood-aged giving a good balance & aroma	3.60	11.95
<b>Cabernet Sauvignon</b> - aged in oak, primary taste of berries with a deep red colour	-	12.95
<b>Valpolicella</b> - velvet smooth and fresh flavour, ruby red, subtle & excellent with meats	3.65	12.95
<b>Chianti</b> - from Tuscany, a fruity red, dry in a well structured body	-	14.95
<b>Shiraz</b> - Southern Italian, full bodied with a hint of spicy blackberry & plum	-	13.95
<b>Dolcetto D'Alba</b> - North West Italian red, dry with fine liquorice & black cherry flavours	-	19.95

## SPARKLING

<b>Prosecco</b> - light fruity taste with a soft mousse & floral aromas	4.95	19.95
<b>Prosecco Rosé</b> - light & silky rosé sparkling wine. Pink in colour with scents of wild berries & a cascade of fine bubbles	4.95	19.95

## BIRRA

<b>Peroni Nastro Azzuro</b>	330ml	3.10
<b>House Beer</b>	330ml	3.00

SOFT DRINKS *(ask for selection)* 1.70

MINERAL WATER 500ml 1.80

## SPIRITS & LIQUEURS *(ask for full selection)*

25ml available measures 2.60

Baileys 50ml 2.60

Sambucca, Amaretto 25ml 2.60

MIXERS 125ml 0.80



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A great gift for any occasion

An optional 10% service charge will be added to parties of 8+ guests